

Wyoming Gear List

Appropriate clothing and gear are essential for students to be able to have fun and succeed on a wilderness course. Wool and synthetic clothes are important because they keep students warm even if they become wet. Cotton clothes are good for comfort and sun protection but do not keep students warm if they become wet. For more information on gear contact SOAR or check out our Gear Guide at <http://www.soarnc.org/gearguides/gearguide.html>. Students who want to fish may also bring their own spinning rods.

**** PLEASE BE SURE TO NOTE ANY COURSE SPECIFIC EQUIPMENT BELOW ****

PACK NECESSITIES

- Sleeping bag * with stuff sack
(Synthetic only, mummy style)
- Sleeping pad (Ensolite or Thermarest type)
- Sleeping bag liner or extra blanket (optional)
- Large duffel bag
- Camera (optional)
- Insect repellent (non-aerosol)
- Paper and pencil
- Rain suit (parka and pants) **
- Sunglasses
- 2 quart-size water bottles
- Headlamp
- Extra batteries
- Whistle
- Water shoes (**Not flip flops**)
- Day pack (book bag) w/hipbelt (2000 cu.in.)
- Laundry bag
- Pillow/pillowcase
- 1 box of Ziploc freezer bags (gallon size)
- Sunscreen (non-spray, waterproof, max. strength)
- Watch w/alarm
- Pack cover (optional)

EATING GEAR

- Plastic bowl/plate
- Eating utensils
- Plastic cup

WY ACADEMIC ADVENTURE ONLY:

- Foot Locker
- 3-Ring Notebook
- 3-Ring Pencil Bag
- Notebook Paper
- Alarm Clock

CLOTHING

- Socks, cotton (6 pair)
- Socks, synthetic (3 pair)
- Pants/jeans (2 pair)
- Quick-dry pants (1 pair)
- Shorts (4 pair)
- Shirt, long sleeve (2)
- T-shirts (4)
- Underwear (10 pair)
- Hat (fleece or wool)
- Light Jacket (fleece or wool)
- Heavy Jacket (**June courses only**)
- Wool mittens or gloves
- Long underwear (Polypro or equiv.)
- Riding boots (Hiking boots. No steel-toed boots.)
- Tennis shoes (1 pair)
- Bandanna
- Sleepwear (2 sets)
- Swimsuit
- Sun hat/cap

PERSONAL NEEDS

- Prescription medications
- Bath towel (1)
- Wash cloth (1)
- Personal hygiene items
- Toothbrush/toothpaste
- Shampoo/conditioner
- Deodorant
- Soap/soap box
- Stamps/paper/envelopes

WY STANDARD ADVENTURE ONLY:

- Dry bag (for canoeing)

WY HORSEPACKING ADVENTURE ONLY:

- Compression Stuffsack

NOTES

1. **All clothing and personal items must be labeled!**
 2. Do not bring jewelry, valuable watches, CD players, video games, cell phones, etc. Don't bring a knife (other than a table knife).
 3. Boots must be worn at home for a few days prior to coming to camp in order to break them in.
- * Rated for 15 degrees (no cotton or down).

**** Quality rain gear is essential. Please consult your local outdoor retailer with questions.**