

NORTH CAROLINA EXPEDITION SCHEDULE

Note: This schedule is subject to change.

Day 1:

- 2:00pm - Students Arrive!!!
Registration, Inbriefs, Medications and Money.
Small group games.
- 4:00pm - Large group games / Low Ropes as time allows
- 5:00pm - Course Overview with Expectations & Goals
Itinerary Review
- 6:00pm - Dinner
- 7:00pm - Full Value Contract; Review Gear; Begin menu plan
- 9:00pm - Personal hygiene
- 9:30pm - Lights out

Day 2:

- 7:00am - Wake-up
- 8:00am - Breakfast & Personal Hygiene
- 9:00am - Group 1 - High Ropes Course
Group 2 - Plan for backpacking – menu, route, etc.; Food room and food buy
- 12:00pm - Lunch
- 1:00pm - Group 1 - Plan for backpacking – menu, route, etc.; Food room and food buy
Group 2 - High Ropes Course
- 6:00pm - Dinner
- 7:00pm - Evening meeting and activities; Prep for backpacking
- 9:00pm - Personal Hygiene
- 9:30pm - Lights out

Day 3:

- 7:00am - Wake up & pack
- 8:00am - Breakfast
- 9:00am - Complete packing and prep for backpacking
- 11:00am - Depart for orienteering site
- 12:00pm - Arrive at orienteering site / Lunch
- 1:00pm - Begin orienteering
- 4:00pm - Complete orienteering & depart for camp
- 5:00pm - Campsite set up & dinner prep
- 6:00pm - Dinner
- 7:00pm - Evening Meeting & Activities
- 8:00pm - Camp set up
- 9:00pm - Personal Hygiene
- 9:30pm - Lights out

Day 4:

- 7:00am - Wake up & pack
- 8:00am - Breakfast
- 9:00am - Pack gear and food for trip
- 10:00am - Depart for Trailhead for Backpacking phase of course

Day 5:

Backpacking

Day 6:

Backpacking

Day 7:

Backpacking

NORTH CAROLINA EXPEDITION SCHEDULE CONTINUED

Day 8:

11:00am Arrive at Trailhead
Debrief backpacking activity
12:00pm Depart for Laundry & Showers / Lunch @ laundry mat / Food Buy
4:30pm Arrive at campground & set up camp
6:00pm Dinner
7:30pm Group games; Evening meeting
9:00pm Personal Hygiene
9:30pm Lights out

Day 9:

7:00am - Wake Up & Pack Day Packs
8:00am - Breakfast
8:30am - Groups depart for early morning activity choice
9:00am - Group 1 – Rockclimbing
Group 2 – Mountain Biking
12:00pm - Lunch on site
1:30pm - Group 1 – Mountain Biking
Group 2 - Rockclimbing
5:00pm - Arrive at campground
6:00pm - Dinner
7:30pm - Skit night
9:00pm - Personal Hygiene
9:30pm - Lights out

Day 10:

7:00am - Wake Up and Pack Day Packs
8:00am - Breakfast
9:00am - Group 1 – Sliding Rock
Group 2 – Rockclimbing
12:00pm - Lunch on site
1:30pm - Group 1 – Rock Climbing
Group 2 – Sliding Rock
5:00pm - Arrive at campground
6:00pm - Dinner
7:30pm - Scavenger Hunt with orienteering
9:30pm - Lights out

Day 11:

7:00am - Wake Up & Break Camp
8:00am - Breakfast
9:00am - Depart for group activity
12:00pm - Lunch
2:00pm - Depart for Worley's Cave
5:30pm - Dinner at cave
7:30pm - Enter cave for overnight

Day 12:

8:00am - Wake up
8:30am - Breakfast
Continue Caving
12:00pm - Exit Cave; Lunch
2:00pm - Depart for Laundry, food buy

NORTH CAROLINA EXPEDITION SCHEDULE CONTINUED

Day 12 Continued:

6:00pm - Dinner at Waynesville Rec. Park
8:00pm - Showers at base
9:00pm - Personal Hygiene
9:30pm - Lights Out

Day 13:

7:30am - Wake up & pack for river
8:00am - Breakfast
9:00am - Depart for river outfitter
10:00am - Arrive; River Briefing and Funyak the Tuckassegee River
2:00pm - End Funyak activity & debrief
3:00pm - Depart from river outfitter
4:00pm - Arrive at base; low ropes; arts & crafts
6:00pm - Dinner
7:30pm - Prep for Gee Creek & clean cabin
9:00pm - Personal hygiene
9:30pm - Lights out

Day 14:

7:00am - Wake up & load vans
8:00am - Breakfast
9:00am - Depart for river outfitters
10:00am - Arrive at river outfitter
River Briefing and raft the Nantahala River
12:00pm - Lunch at Farabee
3:30pm - End & Debrief Rafting activity
4:30pm - Depart for Gee Creek
Dinner en route
8:00pm - Arrive at campground and set camp
9:00pm - Personal hygiene
9:30pm - Lights out

Day 15:

7:00am - Wake & pack day packs
7:30am - Depart for river outfitters
8:30am - Arrive at river outfitters and eat breakfast
9:30am - Raft the Ocoee River
12:30pm - End rafting; Lunch
Debrief rafting activity
1:30pm - Return to Gee Creek
Environmental Education Activity
6:00pm - Dinner and campfire
7:30pm - Field Games and Evaluations
9:00pm - Personal hygiene
9:30pm - Lights out

NORTH CAROLINA EXPEDITION SCHEDULE CONTINUED

Day 16, Tuesday:

7:00am - Wake up & prep for day activities
8:00am - Breakfast
9:00am - Climb/Rappel site at Gee Creek
12:00pm - Lunch
1:00 pm - Group Activity Choice
4:30pm - End & Debrief afternoon activities; Return to campground
6:30pm - Dinner
7:30pm - Campfire; showers; evening meeting
9:00pm - Personal hygiene
9:30pm - Lights out

Day 17:

7:00am - Wake up
8:00am - Breakfast & break camp
11:00am - Leave campground for base
2:00pm - Slide Show
5:00pm - Dinner Out
6:00pm - Arrive at base
7:00pm - End of Course Celebration!
9:00pm - Personal Hygiene
9:30pm - Lights out

Day 18:

7:00am - Wake up; Cabins cleaned, gear packed and brought to parking area at base
8:00am - Breakfast
9:00am - Parents start to arrive.
12:00pm - Lunch for those still present.